TRAIL WHISPERER

23K from LSCR
(Fromme loop, B-P, RJ, Ponds with Detour)

Getting to the Trailhead

Take Lillooet Road past turnoff to Capilano University. Continue about 3K into park to final parking lot on right at end of road. Drive past washrooms and Watershed Education Ctr to gravel lot. **Meet here.**

Trailhead

- Meet in LSCR gravel parking lot.
- Run past the Gazebo and veer left to get onto Suspension Bridge Connector.

Suspension Bridge & Baden-Powell

- Stay on connector, keeping left to go downhill to bridge.
- Cross the Suspension Bridge.
- Turn RIGHT after bridge to get onto Baden-Powell.
- Follow B-P to Lynn Valley Road.
- Turn RIGHT and follow road to Evelyn Street. WATCH FOR CARS.

REGROUP

2026 IKTK Detour

- Carefully cross Lynn Valley Road to turn LEFT onto Evelyn St.
- Follow pathway to Underwood Avenue.
- Turn RIGHT and stay on sidewalk.
- Stay on Underwood Avenue and you will come to a trail head connecting to B-P.
- Continue along connector and at T-junction turn LEFT onto B-P.

Baden-Powell to Dreamweaver

- Follow B-P, crossing Mountain Hwy, for approximately 3K.
- Turn RIGHT onto Upper Dreamweaver.

REGROUP

- Follow Dreamweaver to Per Gynt (~1.4K).
- Turn RIGHT onto Per Gynt.
- At T-junction, turn RIGHT.
- Turn LEFT at second trail to stay on Per Gynt (careful, there are a lot of junctions here).
- Follow Per Gynt to T-junction with Old Mountain Hwy.

REGROUP

Seventh Secret, Leopard, Crinkum Crankum & Kirkford

- Turn RIGHT onto Old Mountain Hwy.
- Watch for Seventh Secret on left side of road just past the first switchback.
- Turn LEFT and stay on Seventh Secret until it turns into Leppard
- Stay on Leppard, cross a trail and keep right (if you come to Old Mountain Hwy) you didn't cross the trail before going right.
- You are now on Crinkum-Crankum. Follow this & take the last LEFT turn onto Kirkford just before Old Mountain Hwy.
- Stay on Kirkford to the T-junction with Cedar Tree Trail

REGROUP

Cedar Tree & Griffans

- Turn RIGHT and follow Cedar tree trail.
- At intersection with several trails, keep LEFT to stay on Upper Griffens.
- At Y-junction, keep RIGHT to get onto Lower Griffans.
- At T-junction with B-P, turn LEFT.

REGROUP

2026 IKTK Detour

- Follow B-P to the connector to Underwood Avenue (last right turn before the stairs).
- Follow Underwood Avenue to Evelyn St.
- Turn LEFT and go to Lynn Valley Rd.
- Cross road carefully and head downhill on Rice Lake Rd.

REGROUP

Back to Baden-Powell

- Cross the pipeline bridge at the bottom of Rice Lake Road & turn RIGHT onto first trail.
- Keep right and head down the stairs.
- Follow trail past 30' Pool until you come to a T-junction heading LEFT up to boardwalk.
- Follow boardwalk. Keep left past the Suspension Bridge.
- At T-junction, turn RIGHT onto B-P.

B-P, RJ & Freya's

- Follow B-P through the marsh and up the stairs.
- Turn LEFT at top of stairs and follow B-P to Lillooet Rd.
- Cross road and follow B-P to the second LEFT turn just before going down switchbacks.
- Turn LEFT onto the Richard Juryn East service road.
- The road veers left onto a trail that ends at Freya's connector.
- Follow Freya's connector to the Berm.

REGROUP

Unnamed Trail, Ponds & Twin Bridges Trail

- Turn RIGHT onto Berm and watch for entrance into the "unnamed" trail on the West side of Lillooet Rd.
- Carefully cross the road and follow the unnamed trail, parallelling Lillooet Rd.
- The end of the trail comes to Lillooet Rd.
- Cross road carefully and head around the filtration ponds.
- Keep left after ponds.
- At T-junction, turn LEFT onto Twin Bridges trail.
- Follow trail back to finish.

23K FINISHED – STRETCH

