TRAIL WHISPERER

5.6 km from Old Buck
Fern Gully, Cardiac Bypass, Sticks and Stones

Getting to the Trailhead: Parking is LIMITED

Park at **Parkgate Park** (see p.2) and hike 10 min to Anne MacDonald Way. May be a few spots on Banff Court near Rec Centre. Trailhead is Mt. Seymour Road at Anne MacDonald Way, Old Buck parking lot. Don't park at mall.

Trailhead

- Old Buck Trail at the parking lot.

Old Buck

- Head north on Old Buck.
- Turn LEFT onto Empress Bypass.

Empress Bypass to Fern Gully



- Cross a bridge. **Immediately** turn right onto Fern Gully.
- At the top, turn left onto Bridle Path.

REGROUP

Bridle Path

- Continue on Bridle Path to burned-out stump.
- Look right for Cardiac Bypass.

REGROUP

Cardiac Bypass (Burned-out Stump)

- LEFT onto Cardiac Bypass.

Academy Junction

- RIGHT onto Academy Junction.

Rapid Transit

- LEFT onto Rapid Transit.
- At the intersection with a hairpin corner of Slippery Salamander, go LEFT.

Slippery Salamander

- Follow Slippery Salamander to Bridle Path.
- LEFT onto Bridle Path.
- Immediately RIGHT onto Sticks and Stones.

REGROUP

Stick and Stones

- Follow Sticks and Stones as it winds around and crosses over Bridle Path all the way up to Cardiac Bypass again.
- RIGHT onto Cardiac Bypass.

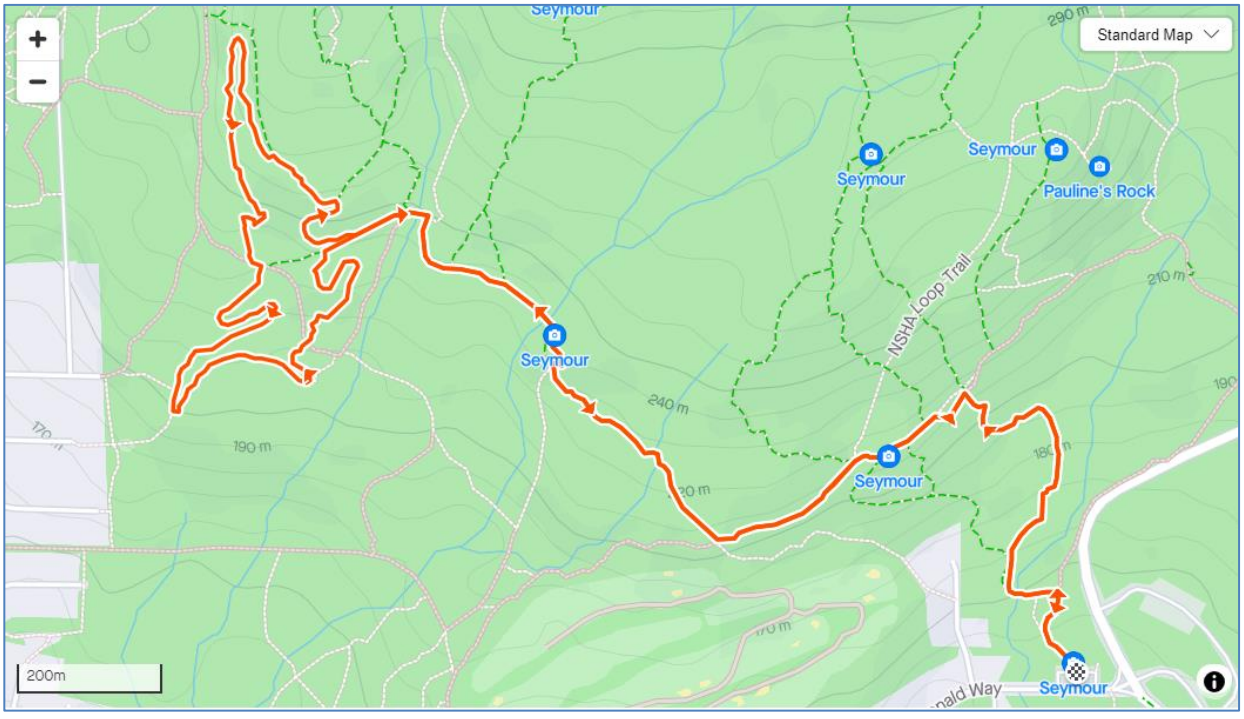
Cardiac Bypass (Burned-out Stump)

- RIGHT back to Bridle Path.
- LEFT onto Bridle Path to return.

Return Bridle Path and Fern Gully

- Turn onto Fern Gully.
- Follow Empress Bypass back to the start.

5.6 km FINISHED – STRETCH



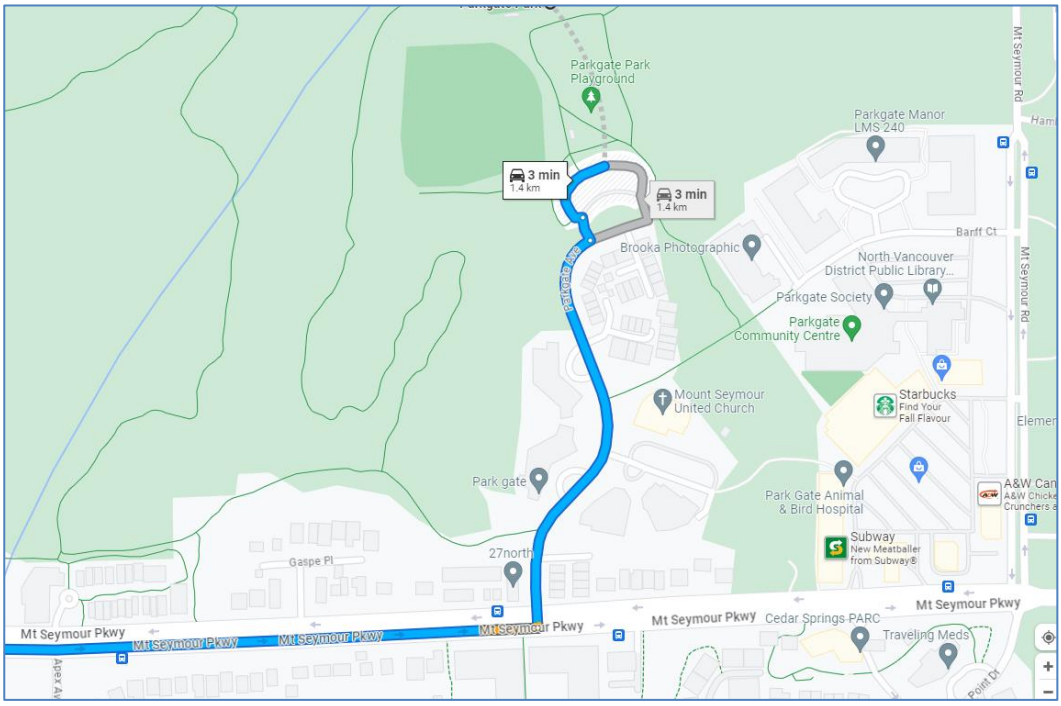
PARKING at Parkgate Park

The turnoff for Parkgate Park is the road before Mt. Seymour Road, called **Parkgate Ave.**

Driving Directions to Parkgate Park

Mount Seymour Parkway to Parkgate Park

Screenshot of the driving directions to Parkgate Park



This map shows walking directions to Old Buck Parking Lot from Parkgate Park.

