TRAIL WHISPERER

14.5K DETOUR & 24K from LSCR (Varley, B-P, St. Georges, Griffins, Rice Lake)

Getting to the Trailhead

Take Lillooet Road North all the way into the park to Lower Seymour Conservation Reserve (LSCR) parking by washrooms (approx. 3K from Capilano University). Drive past the Watershed Center and park in the gravel lot.

Trailhead

- Start at Gazebo. (Meet in the gravel parking lot first.)

To Varley

- Head Southwest from Gazebo down the wide gravel path towards Pipeline footbridge.
- Cross footbridge.

Detour for 2026

- Head uphill on Rice Lake Rd.
- At top cross the road (Watch for Traffic!) and head up Evelyn Street (just to right after crossing road).
- At end of Evelyn Street, follow pathway past tennis courts to get to Underwood Avenue.
- Cross road (Watch for Traffic), turn right and head north on Underwood Ave all the way to the top.

REGROUP

- Climb stairs at end of Underwood to get onto Baden-Powell trail.
- Follow B-P for *approximately* 3.5K.

St. George's Trail

- At intersection with St. George's…

REGROUP

- Turn RIGHT onto St. George's trail.
- Ascend to T-Junction with Mountain Highway.

Mountain Highway

- Turn RIGHT and descend.
- Watch for third trail on your left.

REGROUP

Leopard, Crinkum Crankum & Kirkford

- Turn LEFT onto Leopard.
- Keep right.
- Stay straight at intersection with path/road and you are now on Crinkum Crankum.
- Keep LEFT from Crinkum Crankum onto Kirkford (e.g.: do **not** turn right onto connector).

Cedar Tree Trail

- At T-Junction, turn RIGHT onto Cedar Tree Trail.
- At next junction, keep LEFT onto Upper Griffins.

Upper & Lower Griffins

- At each trail junction along Griffins **stay LEFT** and you will end up on Lower Griffins.
- At T-Junction with Baden-Powell…

REGROUP

- Turn LEFT heading East back towards Lynn Valley Road.

Lynn Valley Road & Lynn Headwaters Connector, Gazebo

- Turn RIGHT onto road (watch for cars) and head towards Lynn Headwaters bridge.
- Cross bridge.
- Turn RIGHT onto Lynn Headwaters Connector.
- Follow connector to the Gazebo.
- Stop at Gazebo.

14.5K FINISHED – STRETCH

24K CONTINUE Next Route…


14.5K from LSCR—DETOUR—
Varley, B-P, St. Georges, Griffin
TRAIL WHISPERER
P
Meet in Gravel Parking Lot
Start/Finish
Rice Lake
Lynn Headwaters Connector
Varley
Lynn Valley Road
Lower Griffen
Upper Griffen
Baden-Powell
Cedar Tree Trail
Kirkford
Crinkum Crankum
Grouse Mountain Highway
Ladies Only
Pipeline
Quarry Court
Leopard
Expresso
Bookwus
Mountain Highway
Pink Starfish
Boundary
Dryer Maker
Ramble On
St. Georges Trail
Mountain Highway
Lower Ladies
Water Towers
Coleman Street
Ralph Street
Evelyn Street
Hoskins Road
Nottingham Road
Ramsay Road
Valley Road
Mill Street
Dempsey Road
Mountain Highway
Finch
Jerry Rig
Powerline
Skid Road
Peer Gynt

24K Continued from LSCR (Sea to Sky, Richard Juryn)

Trailhead
- Start at Gazebo.

Suspension Bridge Trail
- Head South on Suspension Bridge trail.
- Keep straight past turn off to 30 Foot Pool (do NOT turn).
- Stay RIGHT and head down hill.
- Keep LEFT pass the turnoff to Suspension Bridge

Baden-Powell
- Turn LEFT at Twin Falls (do not cross bridge).
- Follow trail through the marsh and up the stairs.
- At top of stairs, at post, turn RIGHT onto Sea to Sky trail.

REGROUP

Sea to Sky & Connector
- Follow Sea to Sky trail, heading down a short, steep hill.
- Follow trail watching for the connector trail on your left (can be hard to spot trail as it is a fairly open area). If you reach a gravel service road you have gone too far.
- Turn LEFT and ascend connector trail keep right.
- Keep RIGHT at all trail junctions until you come to the Diamond trail (just before Lillooet Rd).

REGROUP

Diamond Trail & Powerline Service Road
- Turn LEFT onto Diamond trail.
- Take first RIGHT to Lillooet Rd.
- Cross Lillooet Rd and head right onto the Powerline Service Road.

Richard Juryn
- At intersection with Baden-Powell trail, turn LEFT.

REGROUP
- Take first RIGHT onto Richard Juryn.
- Keep left on trail.
- Take first LEFT onto connector towards Berm.

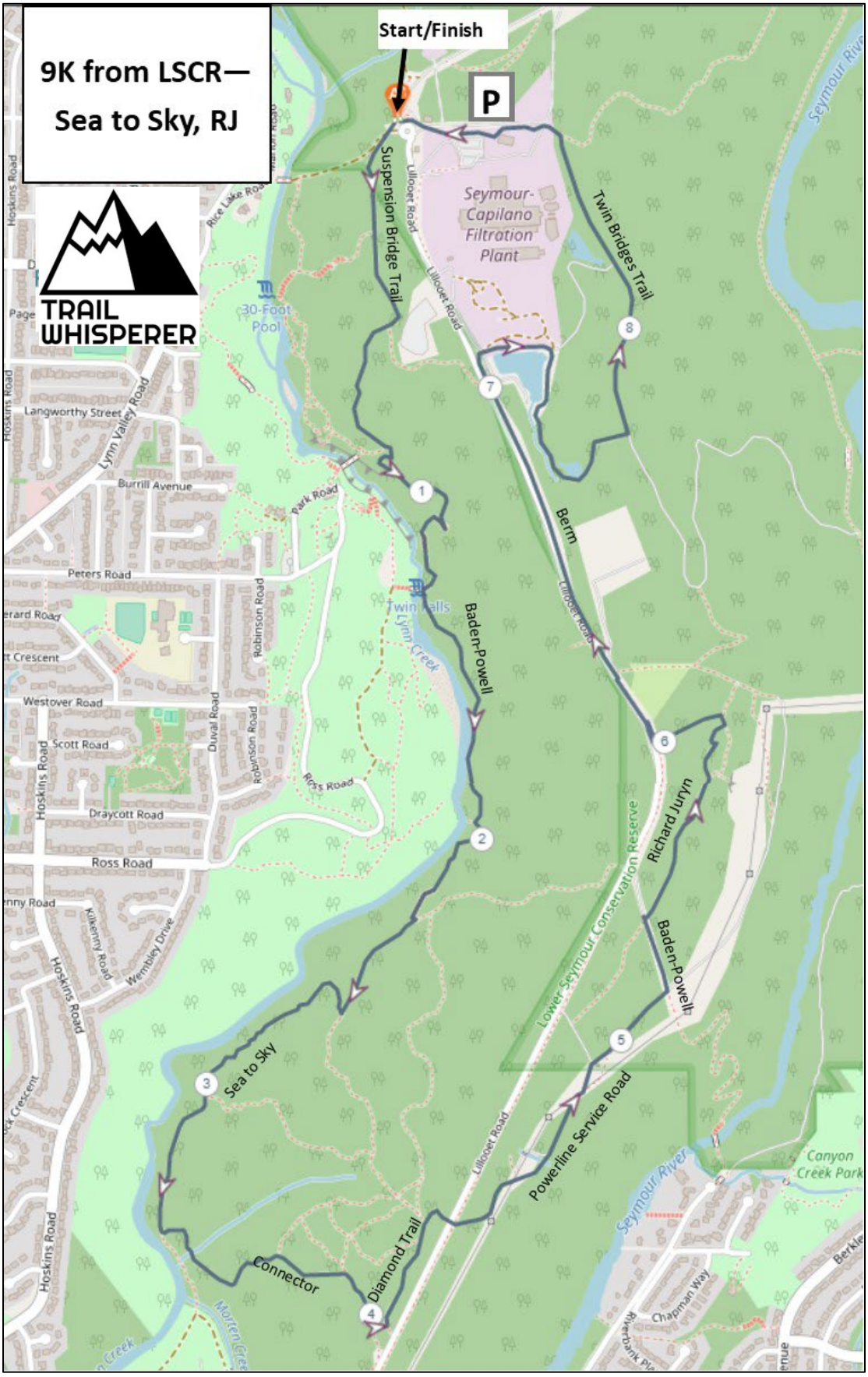
Berm & Filtration Ponds
- Turn RIGHT onto Berm.
- Follow Berm to Filtration ponds on your right.
- Head all the way around the ponds (keep ponds to your right).
- Stay on trail until T-Junction.
- At T-Junction turn LEFT onto Twin Bridges trail.

REGROUP

Twin Bridges Trail
- Continue to top of Twin Bridges trail.
- Turn LEFT and follow path to the Gazebo.

Gazebo
- Stop at Gazebo

24K FINISHED – STRETCH


9K from LSCR—
Sea to Sky, RJ
TRAIL WHISPERER
Start/Finish
P
Suspension Bridge Trail
Lillooet Road
Seymour-Capilano Filtration Plant
Twin Bridges Trail
30-Foot Pool
Langworthy Street
Lynn Valley Road
Burrill Avenue
Park Road
Peters Road
Robinson Road
Twin Falls
Lynn Creek
Berm
Baden-Powell
Westover Road
Scott Road
Duval Road
Rick's Road
Draycott Road
Ross Road
Hoskins Road
Kilkenny Road
Wembley Drive
Lower Seymour Conservation Reserve
Richard Juryn
Sea to Sky
Powerline Service Road
Diamond Trail
Connector
Seymour River
Canyon Creek Park
Chapman Way
1
2
3
4
5
6
7
8