TRAIL WHISPERER

13K & 20K from LSCR
(LC, Circuit 8 & Richard Juryn Loop)

Getting to the Trailhead

Take Lillooet Road past the turn-off to Capilano University. Continue approx. 3K into park to final parking lot at end on the right. Drive past the Watershed Education Center to the gravel lot. Meet in the gravel lot.

Trailhead

- Meet in gravel lot.
- Walk to the Gazebo from the parking lot.

Rice Lake (1.5 loops)

- Head North to Rice Lake.
- Turn RIGHT into lake at first entrance.
- Keep straight at T-junction.
- Going counter-clockwise, ***do a full loop around lake, then continue for a second time but only half a loop.***
- At the North end of lake watch for exit on left to Seymour Valley Trailway
- Turn RIGHT onto paved road (by outhouses).

REGROUP

Circuit 8

- Turn LEFT onto Circuit 8 (at post).
- Cross old road. Stay on main trail - veers left.
- At Y-junction, turn LEFT (do not go right which goes down to Fisherman's).
- At T-junction, turn RIGHT to loop around the ridge.
- Keep RIGHT to get back to Y-junction (it's visible uphill from this turnoff.
- At Y-junction keep straight and follow Circuit 8 back to paved road.
- Cross road and follow trail to paved road (Seymour Valley Trailway) and turn left.
- Turn RIGHT onto the Seymour Valley Trailway trail and follow back to the gazebo.

REGROUP

Suspension Bridge Trail to Lillooet Rd

- Head into Suspension Bridge Trail.
- Just before the trail veers down to the right, turn LEFT onto connector to Lillooet Road.
- Cross Lillooet Road.

Berm

- Turn RIGHT onto berm (trail that follows the road).
- Watch for LEFT turn to get to Richard Juryn Trail (Camp Brick Bypass).

Richard Juryn

- Head up trail to T-junction (post).

REGROUP

- Turn LEFT and cross big rock. **Descend**.
- At T-junction, turn RIGHT to stay on Richard Juryn East side.
- Follow Richard Juryn Trail (Powerline service road).
- Cross Baden Powell and keep straight.
- You arrive at the Berm at Lillooet Road.

Berm & Diamond

- Turn LEFT onto berm.
- Follow berm to crossing at the Park gate.
- Cross Lillooet Road onto Diamond Trail.

REGROUP

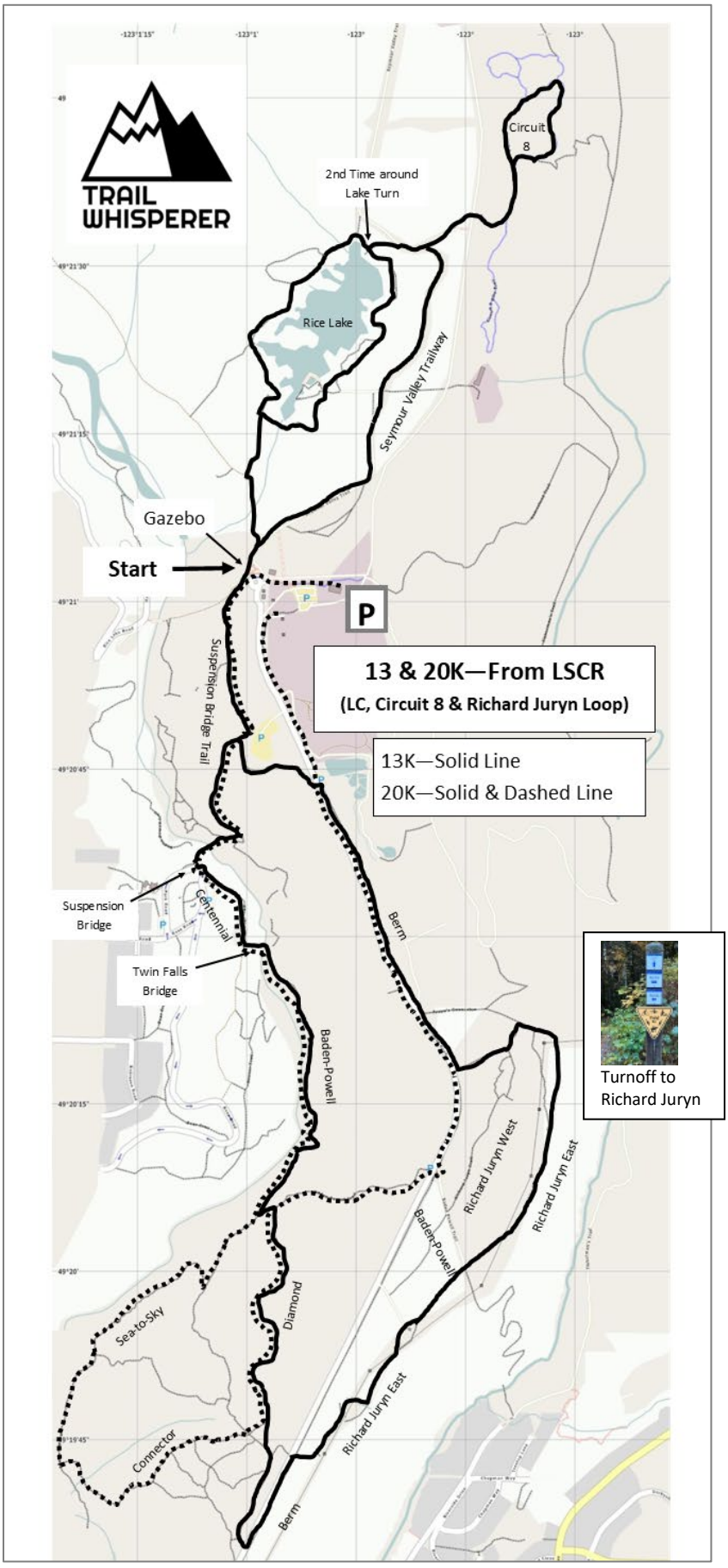
- Follow Diamond trail to T-junction at Baden Powell Trail.

Baden Powell

- Turn LEFT onto BP only as far as post.
- Turn RIGHT down the stairs on BP and head through marsh.
- Keep right at Twin Falls (do not cross bridge).
- Keep straight heading uphill at T-Junction for Suspension Bridge.
- Stay on Suspension Bridge trail back to Gazebo.
- Head to gravel lot and sign out. Both 13K & 20K before continuing.

13K FINISHED – STRETCH

20K–REGROUP & CONTINUE **(Page 3)**


TRAIL WHISPERER
Circuit 8
2nd Time around Lake Turn
Rice Lake
Seymour Valley Trailway
Gazebo
Start
P
13 & 20K—From LSCR
(LC, Circuit 8 & Richard Juryn Loop)
13K—Solid Line
20K—Solid & Dashed Line
Suspension Bridge Trail
Suspension Bridge
Centennial
Twin Falls Bridge
Berm
Baden-Powell
Richard Juryn West
Richard Juryn East
Diamond
Sea-to-Sky
Connector
Turnoff to Richard Juryn

20K–REGROUP & CONTINUE

Baden Powell

- Head back to Gazebo, then south onto Suspension Bridge Trail.
- Follow trail down hill and stay straight (keep left) at T-Junction for Suspension Bridge.
- Follow trail through marsh keeping LEFT at Twin Bridges.
- At **post** at top of climb (reads 0.5k to Lillooet Rd), turn RIGHT onto Sea to Sky Trail.

Sea to Sky (follow closely)

- Starts out level and then steep descent for short way. Lots of boardwalk.
- IMPORTANT. Watch for new wooden fencing with Environmentally Sensitive Area signs.



REGROUP

- Turn LEFT and head up rocky steps.
- Short climb: cross bridge (we made this bridge in 2012! See photo)



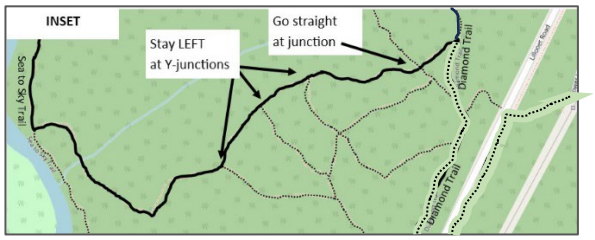
- Steep climb. Think happy thoughts!

REGROUP

To Diamond Trail (See inset map)

- At Y-junctions, keep LEFT.
- At junction with log in middle, go STRAIGHT.





- You arrive at wider gravel Diamond Trail.
- Turn LEFT onto Diamond trail.

Lillooet Road Berm

- Turn RIGHT at T-junction onto Baden-Powell.
- Follow to Lillooet Road.
- Cross Road
- Turn LEFT and follow Berm to filtration ponds.

REGROUP

To Finish

- Do NOT cross Lillooet Road, rather follow pathway back to parking lot.

20K STRETCH