TRAIL WHISPERER

9 km from LSCR
RJ, Mystery Creek, Ridge Runner

Getting to the Trailhead

Take Lillooet Road North all the way into the park to Lower Seymour Conservation Reserve (LSCR). Turn LEFT just before the filtration plant, marked as Lynn Canyon Park (about 3 km from Capilano University). Gather behind the kiosk on the grass.

Trailhead

- Head West through parking lot.
- Run through pedestrian tunnel
- Follow trail south past filtration ponds onto the Berm.

Lillooet Road Berm

- Follow the berm for 900 m to turnoff to Richard Juryn Trail at post. (Sign shows Camp Brick Bypass.)

Richard Juryn Trail (West).

- Ascend RJ to post.

REGROUP

- Turn RIGHT.
- Keep right at rock face and follow RJ down to Baden-Powell.

Baden-Powell

- Turn LEFT onto Baden-Powell and follow it down to Riverside junction.

Fisherman's Trail

- Veer LEFT and follow Fisherman's to Mystery Creek post.

Mystery Creek Switchback

- Turn **RIGHT** and head up to Powerline.

REGROUP

Powerline to Greenland

- Turn **RIGHT** along Powerline.
- Pass by Bottle Top Connector Trail.
- Just before Mystery Creek Bridge, turn left onto Ned's Powerline Connector.
- Cross Ned's onto Greenland Trail.

Greenland

- Follow Greenland to T-junction at bottom.
- Go left to first trail on your right.
- Short climb to Ridge Runner on your left.

REGROUP

Ridge Runner

- Take Ridge Runner to T-junction at Powerline.
- Go right and find Mystery Creek Trail on left.

Mystery Creek Switchback

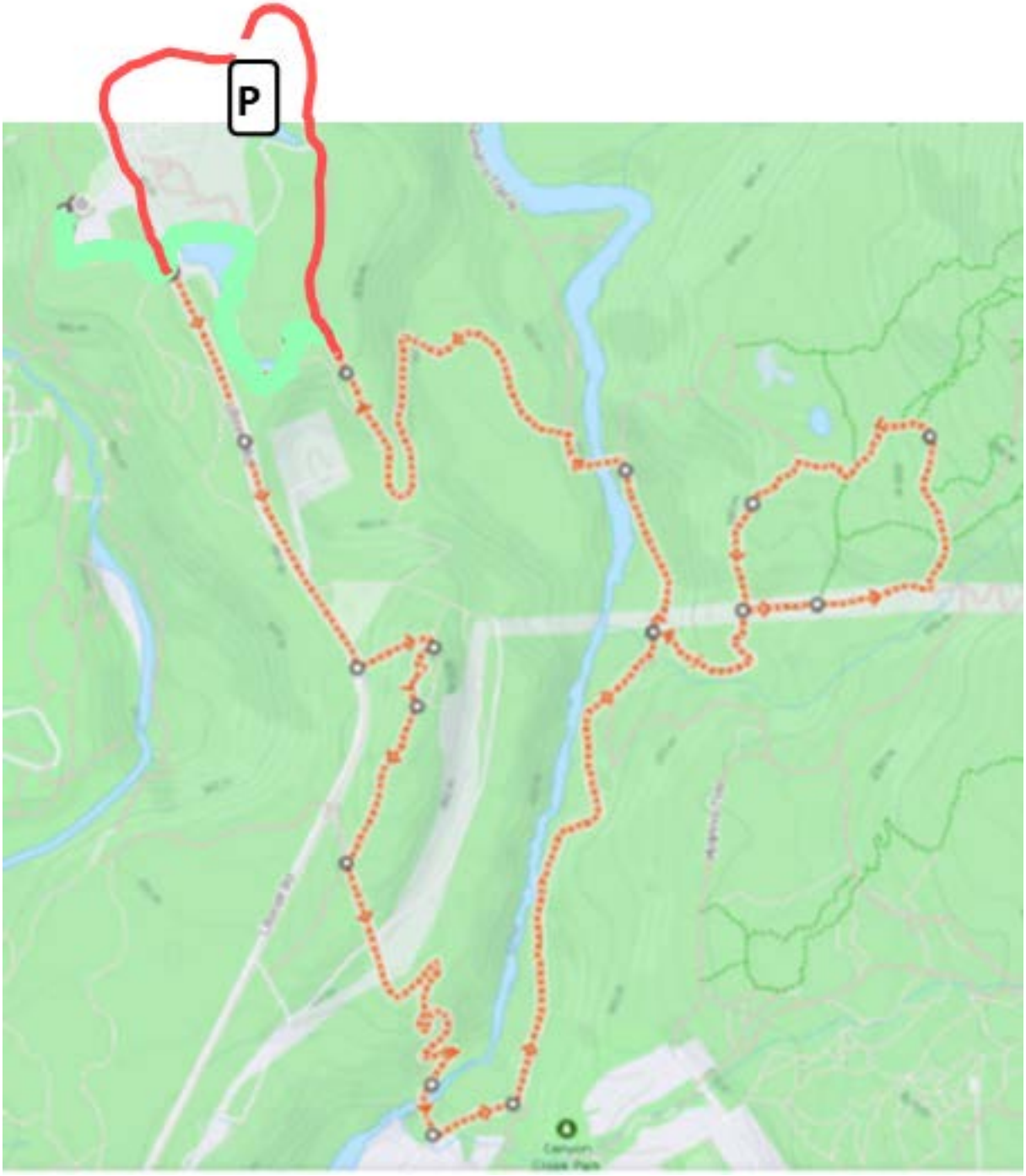
- Head down to Fisherman's Trail.
- Turn right on Fisherman's and cross the bridge.

REGROUP

Twin Bridges Trail

- Head up to first left turn.
- Follow trail to top.
- Turn left, left again into parking lot.

9 km FINISHED – STRETCH


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