6.5K from Lynn Headwaters Park (Varley, Lynn Loop)

Getting to the Trailhead

Take the Lynn Valley Road exit from the Upper Levels Highway. Follow Lynn Valley Road North to the top and continue into Lynn Headwaters Park. Park in overflow lot closest to small lot at end of road.

Trailhead

- Find Varley Trail from the parking lot by going down the stairs.

Varley Trail to Lynn Headwaters Park

- Turn LEFT and follow Varley Trail.
- Trail ends at Lynn Valley Road and small parking lot.
- Turn RIGHT and cross parking lot (watch for cars).
- Cross bridge.

Lower & Upper Lynn Loop

- Turn LEFT onto Lower Lynn Loop.
- Watch for right turn in approximately 2K.

REGROUP

- Turn RIGHT and head up Lynn Loop Connector.
- At top, turn RIGHT onto Upper Lynn Loop.
- Follow to T-Junction with Lynn Headwaters Connector.

REGROUP

Lynn Headwaters Connector

- Turn RIGHT onto Lynn Headwaters Connector.
- Take first LEFT over bridge to Lynn Headwaters Park.
- Run through park and small parking lot (watch for cars).
- Turn LEFT onto Varley trail and head back to bottom of parking lot stairs where you started.

FINISH & STRETCH

